Introducing

Volleyball Summer School

Instructed by

Greg Ulland

Overview of Summer School Courses

Summer School Courses are an alternative or supplement to Private Lessons and Summer Camps for Greater Cincinnati Volleyball Players. At 15$ per hour the classes are significantly more affordable than private lessons. By capping the number of students in each class to 10 these classes offer the individual attention of a lesson at a cost that is far less than most summer camps. The instruction will also be position and skill specific to make sure that every athlete gets the right training for their volleyball future. Students will receive a "Summer School" T-Shirt upon their completion of the course.

The Courses Offered

Incoming Grades 7 -10; **All Skills Class**
Incoming Grades 9 -12; **Outside Hitter's Class**
Incoming Grades 9-12; **Middle Hitter's Class**
Incoming Grades 9-12; **Setter's Class**

About the Instructor

Greg is the current head coach of Boy's Volleyball at Moeller High School and Head Coach of Girl's Volleyball at Sycamore High School. As a college student Greg served as a volunteer assistant to Carolyn Condit and the Miami University Women's Volleyball team from 1998 - 2001. He was also fortunate to serve as Varsity Assistant to Donna Mechley for 8 years at Mount Notre Dame prior to making the switch to Sycamore. Greg has won Ohio State Championships as a Player ('97), Assistant Coach ('98, '99, '00, '06) and Head Coach ('04, '05, 07) totaling **8** Ohio State Championships in his career. He has coached 2 NCAA Division I All – Americans, 2 NCAA Division II All-Americans and over 60 NCAA Intercollegiate Volleyball Players.

Important Information:

June 2008 Courses: Offered M,W,F from June 9 – 25th (8 Total Classes, 2 hours per class)

Course 1: Incoming Grades 8 -10; All Skills Class: **8:00 – 10:00 am**
Course 2: Incoming Grades 9 -12; Outside Hitter's Class: **10:00 am – 12:00 pm**
Course 3: Incoming Grades 9-12; Middle Hitter's Class: **1:00 – 3:00 pm**
Course 4: Incoming Grades 9-12; Setter's Class: **3:00 – 5:00 pm**

Location: GE Athletic Park. Located .5 miles north of Tri-County Mall on SR 747

Total Cost: 240.00 per Course

Each Class will meet on 8 Days: Mondays (6/9, 6/16, 6/23)
Wednesdays (6/11, 6/18, 6/25)
Fridays (6/13, 6/20)

How To Register: Register directly with Greg Ulland and get your questions answered by E-mail or by Phone

Cell: 513-348-7942
Email: ullandgr@hotmail.com

Remember that only 10 athletes will be accepted to each class. A waiting list will be created when necessary.